


APRIL 2024

Beatrice Mayes Institute

Monday	Tuesday	Wednesday	Thursday	Friday
1 Spring Holiday	2 Mini Bagels Graham Crackers Orange Juice/Fruit Cup Milk	3 Maple Pancake Sandwich Graham Crackers Orange Juice/Fruit Cup Milk	4 Sausage & Cheddar Kolache Graham Crackers Orange Juice/Fruit Cup Milk	5 Blueberry Muffin Yogurt Graham Crackers Orange Juice/Fruit Cup Milk
8 Cowboy Bread Graham Crackers Orange Juice/Fruit Cup Milk	9 Breakfast Pizza Graham Crackers Orange Juice/Fruit Cup Milk	10 Turkey Sausage & Cheese Wrap Graham Crackers Orange Juice/Fruit Cup Milk	11 Sausage & Cheddar Kolache Graham Crackers Orange Juice/Fruit Cup Milk	12 Mini Cinni Graham Crackers Orange Juice/Fruit Cup Milk
15 Mini Cinnis Graham Crackers Orange Juice/Fruit Cup Milk	16 Turkey Ham & Cheese on a Hawaiian Bun Graham Crackers Orange Juice/Fruit Cup Milk	17 String Cheese Yogurt Graham Crackers Orange Juice/Fruit Cup Milk	18 Turkey Sausage & Cheese Wrap Graham Crackers Orange Juice/Fruit Cup Milk	19 Turkey Sausage & Cheese Wrap Graham Crackers Orange Juice/Fruit Cup Milk
22 Breakfast Pizza Graham Crackers Orange Juice/Fruit Cup Milk	23 Cowboy Bread Graham Crackers Orange Juice/Fruit Cup Milk	24 Mini Bagels Graham Crackers Orange Juice/Fruit Cup Milk	25 Maple Pancake Sandwich Graham Crackers Orange Juice/Fruit Cup Milk	26 Blueberry Muffin Yogurt Graham Crackers Orange Juice/Fruit Cup Milk
29 Breakfast Pizza Graham Crackers Orange Juice/Fruit Cup Milk	30 Sausage & Cheddar Kolache Graham Crackers Orange Juice/Fruit Cup Milk			

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.

APRIL 2024

Beatrice Mayes Institute

Monday	Tuesday	Wednesday	Thursday	Friday
1 Spring Holiday	2 Pepperoni Pizza Baked Beans Sweet Potato Fries Sliced Apples Milk	3 Meatloaf w/Gravy Roll Mashed Potatoes Mustard Greens Mandarin Oranges Milk	4 Cheeseburger Wedged Fries Steamed Broccoli Mixed Fruit Milk Lettuce Stack, Mayo, Mustard, Ketchup	5 Beef Tacos Ranchero Beans Celery Sticks Pineapple Tidbits Milk Taco Sauce, Dressing
8 Popcorn Chicken Mac & Cheese Pinto Beans Sliced Peaches Milk Ketchup	9 Beef & Cheese Nachos Black Beans Celery Sticks Diced Pears Milk Taco Sauce, Dressing	10 Chili Mac Corn Mixed Salad w/Shr. Carrots Fruit Cocktail Milk	11 Roasted Turkey & Cheese Sandwich Fresh Petite Baby Carrots Sweet Potato Fries Pineapple Chunks Milk Lettuce Stack, Mayo, Mustard, Dressing	12 Meatballs w/Gravy Mashed Potato Green Beans Diced Peaches Milk
15 Chicken Sandwich Crinkled Fries Fresh Petite Baby Carrots Sliced Pears Milk Lettuce Stack, Mayo, Mustard, Ketchup	16 Beef Taco Ranchero Beans Celery Sticks Pineapple Tidbits Milk	17 Spaghetti w/Gr. Beef Meatsauce American Salad w/Ch Tomatoes Green Beans Mandarin Oranges Milk Dressing	18 Chili Dog Pinto Beans Glazed Carrots Mixed Fruit Milk Relish, Mayo, Mustard, Ketchup	19 Hamburger Sweet Potato Fries Steamed Broccoli Sliced Apples Milk Lettuce Stack, Mayo, Mustard, Ketchup
22 Meatloaf w/Gravy Mashed Potatoes Spinach Roll Sliced Peaches Milk	23 Beef & Cheese Burrito Refried Beans Pineapple Tidbits Milk Taco Sauce	24 Salisbury Steak w/Gravy Green Beans Rice Fruit Cocktail Milk L	25 Pepperoni Pizza Baked Beans Fresh Petite Baby Carrots Pineapple Chunks Milk Dressing	26 Cheeseburger Seasoned Fries Steamed Broccoli Diced Peaches Milk Lettuce Stack, Mayo, Mustard, Ketchup
29 Salisbury Steak w/Gravy Mashed Potatoes Corn Sliced Pears Milk	30 Chicken Sandwich Baked Beans Corn Diced Pears Milk Lettuce Stack, Mayo, Mustard, Ketchup			



In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: program.intake@usda.gov. This institution is an equal opportunity provider.