

# FEBRUARY 2024

## Beatrice Mayes Institute

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**5**  
Turkey Ham & Cheese on  
a Hawaiian Bun  
Assorted Cereal  
Graham Crackers  
Fresh Apple/Orange Juice/Fruit Cup  
Milk

**6**  
Pancakes  
Patty Sausage  
Assorted Cereal  
Graham Crackers  
Fresh Apple/Grape Juice/Fruit Cup  
Milk

**7**  
String Cheese  
Yogurt  
Assorted Cereal  
Graham Crackers  
Fresh Apple/Grape Juice/Fruit Cup  
Milk

**1**  
Sausage & Cheddar Kolache  
Assorted Cereal  
Graham Crackers  
Fresh Apple/Grape Juice/Fruit Cup  
Milk

**2**  
Mini Bagels w/  
Cinnamon Cream Cheese  
Assorted Cereal  
Graham Crackers  
Fresh Apple/Orange Juice/Fruit Cup  
Milk

**8**  
Waffle  
Link Sausage  
Assorted Cereal  
Graham Crackers  
Fresh Apple/Orange Juice/Fruit  
Cup  
Milk

**9**  
Mini Cinnis  
Assorted Cereal  
Graham Crackers  
Fresh Apple/Orange Juice/Fruit Cup  
Milk

**12**  
Blueberry Muffin  
Yogurt  
Assorted Cereal  
Graham Crackers  
Fresh Apple/Orange Juice/Fruit Cup  
Milk

**13**  
Mini Bagels w/  
Cinnamon Cream Cheese  
Assorted Cereal  
Graham Crackers  
Fresh Apple/Grape Juice/Fruit Cup  
Milk

**14**  
Grilled Cheese  
Assorted Cereal  
Graham Crackers  
Fresh Apple/Orange Juice/Fruit Cup  
Milk

**15**  
Glazed French Toast  
Assorted Cereal  
Graham Crackers  
Fresh Apple/Grape Juice/Fruit Cup  
Milk

**16**  
Turkey Sausage & Cheese Wrap  
Assorted Cereal  
Graham Crackers  
Fresh Apple/Orange Juice/Fruit Cup  
Milk

**19**  
**Professional  
Development**

**20**  
Sausage & Cheddar Kolache  
Assorted Cereal  
Graham Crackers  
Fresh Apple/Grape Juice/Fruit Cup  
Milk

**21**  
Toast  
Link Sausage  
Assorted Cereal  
Graham Crackers  
Fresh Apple/Orange Juice/Fruit Cup  
Milk

**22**  
Mini Cinnis  
Assorted Cereal  
Graham Crackers  
Fresh Apple/Grape Juice/Fruit Cup  
Milk

**23**  
Sausage & Cheddar Kolache  
Assorted Cereal  
Graham Crackers  
Fresh Apple/Orange Juice/Fruit Cup  
Milk

**26**  
Grilled Cheese  
Assorted Cereal  
Graham Crackers  
Fresh Apple/Orange Juice/Fruit Cup  
Milk

**27**  
Pancakes  
Patty Sausage  
Assorted Cereal  
Graham Crackers  
Fresh Apple/Grape Juice/Fruit Cup  
Milk

**28**  
Mini Bagels w/  
Cinnamon Cream Cheese  
Assorted Cereal  
Graham Crackers  
Fresh Apple/Orange Juice/Fruit Cup  
Milk

**29**  
Sausage & Cheddar Kolache  
Assorted Cereal  
Graham Crackers  
Fresh Apple/Grape Juice/Fruit Cup  
Milk



# FEBRUARY 2024

## Beatrice Mayes Institute

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**


Pepperoni Pizza **5**  
 Baked Beans  
 Steamed Carrots  
 Sliced Pears  
 Milk

Beef & Cheese Nachos **6**  
 Ranchero Beans  
 Celery Sticks  
 Pineapple Tidbits  
 Milk  
 Taco Sauce, Dressing

Chicken Stir-Fry **7**  
 Corn  
 Mixed Salad w/ Shr. Carrots  
 Mandarin Oranges  
 Milk  
 Dressing  
 Mandarin Oranges  
 Milk  
 Lettuce Stack, Mayo, Mustard, Ketchup

Nachos w/Diced Chicken **1**  
 Black Beans  
 Corn  
 Pineapple Chunks  
 Milk  
 Taco Sauce

Cheeseburger **2**  
 Oven Baked Fries  
 Petite Baby Carrots  
 Diced Peaches  
 Milk  
 Lettuce Stack, Mayo, Mustard, Ketchup

Chicken Tostada Bowl **12**  
 Black Beans  
 Celery Sticks  
 Sliced Peaches  
 Milk  
 Taco Sauce, Dressing

Beef Hot Dog **13**  
 Baked Beans  
 Sweet potato Fries  
 Diced Pears  
 Milk  
 Relish, Mayo, Mustard, Ketchup

Orange Chicken **14**  
 Confetti Fried Rice  
 Steamed Broccoli  
 Fruit Cocktail  
 Milk

Chicken Nuggets **8**  
 Mashed Potatoes  
 Fresh Broccoli Florets  
 Mixed Fruit  
 Milk  
 Ketchup

Chicken Slider w/  
 Honey Mustard **9**  
 Spinach  
 Mixed Salad w/Sl. Cucumbers  
 Sliced Apples  
 Milk  
 Lettuce Stack, Mayo, Mustard, Ketchup

Beef Tacos **15**  
 Refried Beans  
 Glazed Carrots  
 Pineapple Chunks  
 Milk  
 Shr. Lettuce, Shr. Cheese, D. Tomatoes

Roasted Turkey & Cheese Sandwich **16**  
 Celery Sticks  
 Petite Baby Carrots  
 Diced Peaches  
 Milk  
 Lettuce Stack, Mayo, Mustard, Ketchup

**19**  
**Professional Development**

Popcorn Chicken **20**  
 Black Eyed Peas  
 Steamed Broccoli  
 Pineapple Tidbits  
 Milk  
 Ketchup

Chic' Penne **21**  
 Green Beans  
 Corn  
 Mandarin Oranges  
 Milk

Chicken Sandwich **22**  
 Sweet Potato Fries  
 Navy Beans  
 Mixed Fruit  
 Milk  
 Lettuce Stack, Mayo, Mustard, Ketchup

Pepperoni Pizza **23**  
 Ranchero Beans  
 Mixed Salad w/ Ch. Tomatoes  
 Sliced Apples  
 Milk  
 Dressing

Cheeseburger **26**  
 Seasoned Fries  
 Petite Baby Carrots  
 Sliced Peaches  
 Milk  
 Lettuce Stack, Mayo, Mustard, Ketchup

Chicken Tenders **27**  
 Mac & Cheese  
 Green Beans  
 Diced Pears  
 Milk  
 Ketchup

Chili con Carne **28**  
 Brown Rice  
 Romaine Mixed Salad w/Ch Tomatoes  
 Steamed Carrots  
 Fruit Cocktail  
 Milk

Beef Hot Dog **29**  
 Baked Beans  
 Steamed Broccoli  
 Pineapple Chunks  
 Milk  
 Relish, Mayo, Mustard, Ketchup

