



Student's Name: _____ DOB: _____

Date: _____ School Year: _____ Grade: _____

Parent/Guardian: _____ Phone: _____

School Nurse: _____ Phone: _____

I give Health Services/ Nutrition Services permission to speak with the below named Physician or Authorized Medical Authority to discuss the dietary needs described below.

Parent/Guardian Signature: _____ Date: _____

Section A. (To be completed by a licensed physician) I. Disability or severe, life-threatening food allergy Student's Medical Condition/Disability (REQUIRED)

- Yes, continue with this section
No, refer to section B
No Fluid Dairy Milk
No Milk Products (yogurt, cheese, etc)
No Milk Protein/Milk Ingredients (in baked goods, etc.)
No Whole Eggs
No Eggs as an ingredient
No Wheat/Gluten
No Peanuts
No Tree Nuts
No foods processed in a facility that contains nuts
No Seafood
No Soy
Other (Please list)

Substitutions: _____

II. Texture Modification:

- Year Round
Temporary: Start _____ End _____

Liquids

- Thin (Regular Liquids)
Mechanical Soft (ground)
Mechanical Soft (chopped)
Pudding Thick
Nectar Thick
Pureed (Applesauce texture)

III. Supplement:

- NPO
Supplement to accompany oral diet
Boost Kid Essentials 1.0
Pediasure
Pediasure w/ Fiber
Pediasure w/ Fiber 1.5
Other:

Dosage Per Meal (REQUIRED):
_____ Breakfast _____ Lunch _____ After School Snack

*Supplements not listed above may take up to 6 weeks to be processed.

IV. Therapeutic Diet Order: Please provide specifics below.

Section B. (To be completed by a recognized medical authority) Food Allergy/Intolerance (NOT LIFE THREATENING) Student without a disability but is requesting dietary accommodations. Please check one of the boxes below (REQUIRED):

- Allergy
Intolerance
Other _____

Student's allergy/intolerance to food(s) below: DOES NOT result in a life-threatening/anaphylactic reaction*

- No Fluid Dairy Milk
No Milk Products (yogurt, cheese, etc)
No Milk Protein/Milk Ingredients (in baked goods, etc.)
No Whole Eggs
No Eggs as an ingredient
No Wheat/Gluten
No Peanuts
No Tree Nuts
No foods processed in a facility that contains nuts
No Seafood
No Soy
Other (Please list)

Substitutions: _____

I certify that the above named student needs special dietary accommodations, as described above, because of the student's disability and/or life-threatening food allergy or food intolerance/ allergy, as indicated.

Signature of Prescribing Medical Authority _____ Date _____

Printed Name of Medical Authority _____

() - () -
Phone Fax

Address _____

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